The SAVE manual is a step-by-step program meant to guide providers with lived experience of mental illness on how to narrate their story. Their story can be used to influence the attitudes and behaviors of other providers towards persons with serious mental illnesses.

The content of this manual guides the providers in developing and delivering an impactful presentation that integrates information about disparities in care for persons with serious mental illnesses (SMI) and a 10-15 minute long personal story of recovery a from mental health condition.

This program was developed by Dinesh Mittal, an affiliated fellow of NCSE

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